

**Milan** 2024  
28-30 November 2024  
HOTEL NHOW MILAN



## Update and management of bronchiolitis

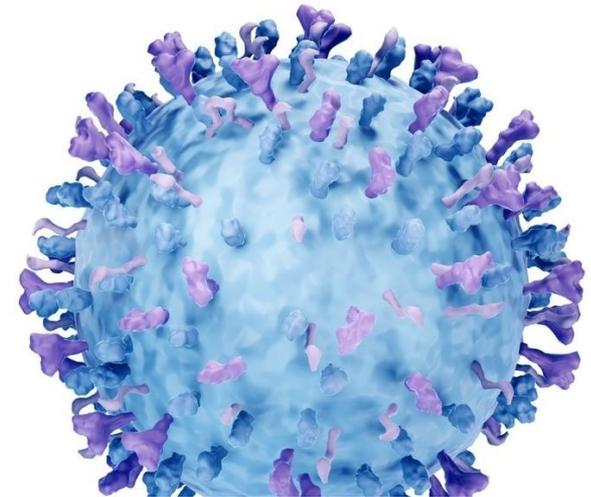
*Dr Anna Chiara Vittucci*  
*General Pediatrics Unit*  
*Bambino Gesù Children's Hospital, Rome*

# Bronchiolitis

Bronchiolitis is an acute viral infection of the lower respiratory tract that affects infants and young children worldwide.

It is most commonly caused by human respiratory syncytial virus

**60-80% RSV**



# RSV

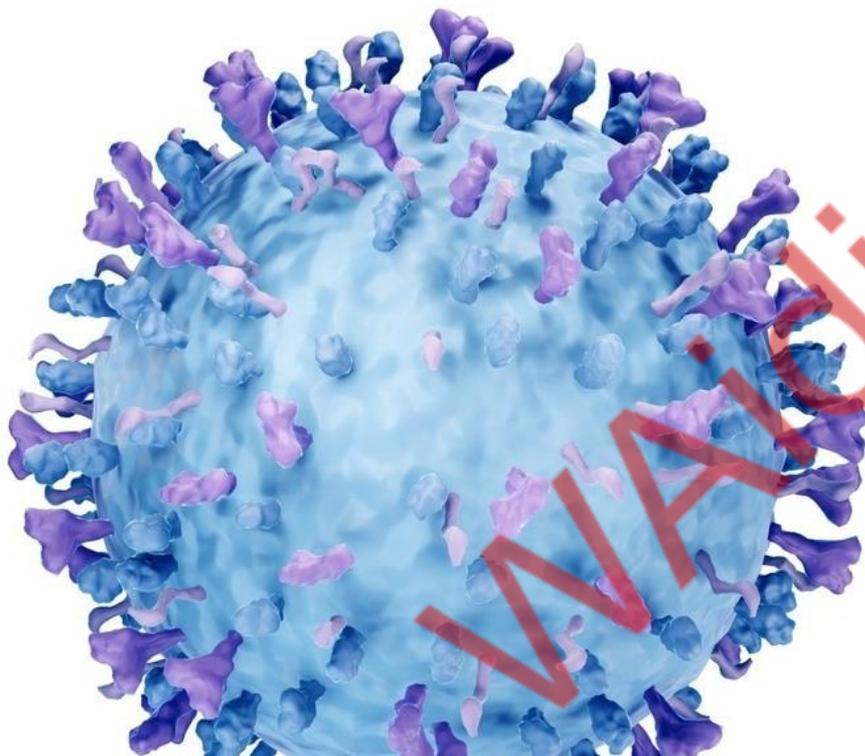


3 200 000

Hospitalization /year

200 000

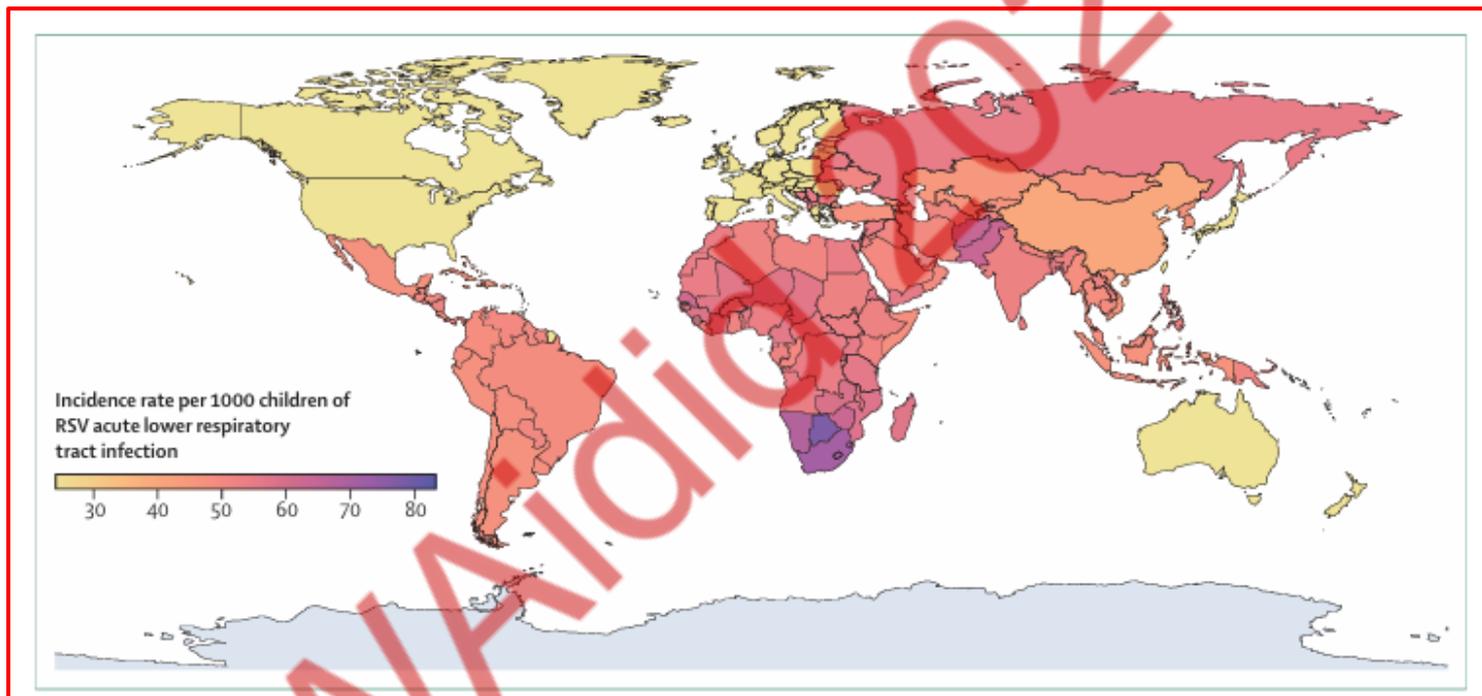
Death /year



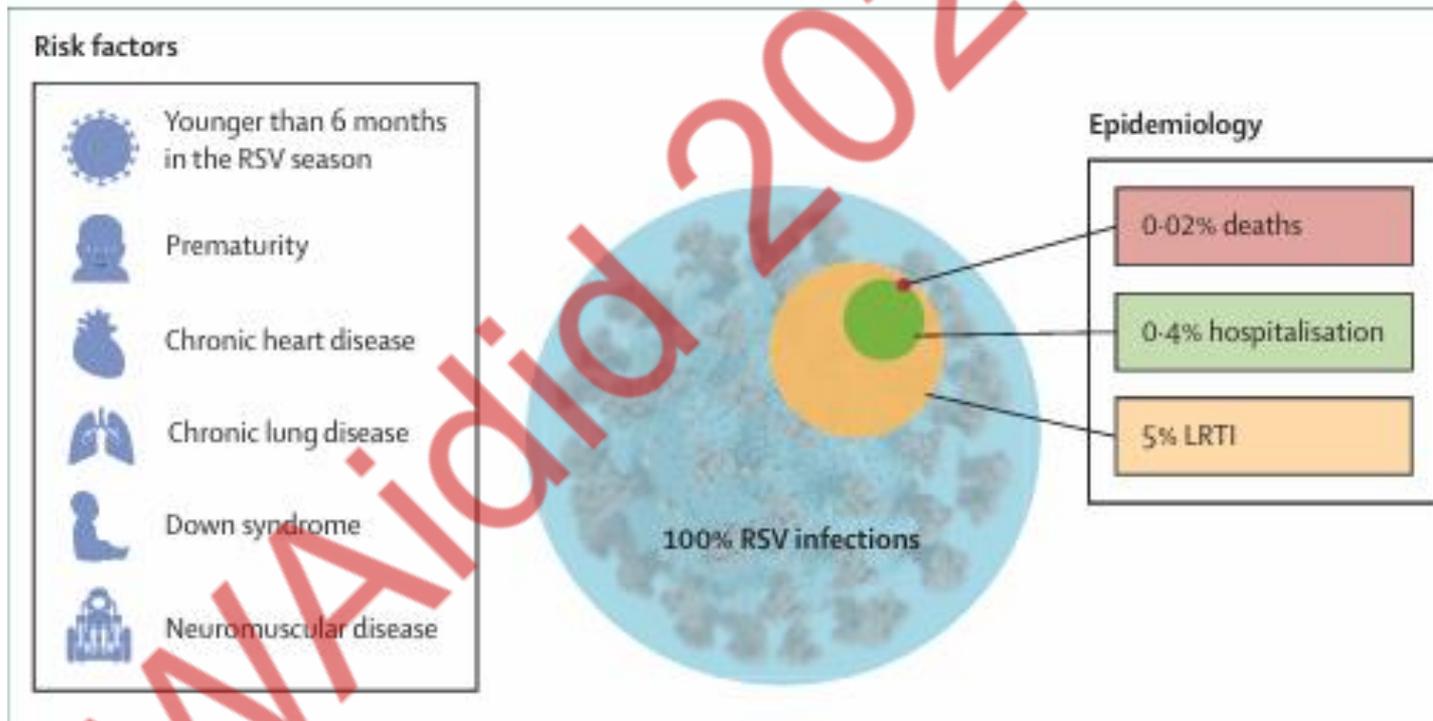
Dalziel, S. R. et al. *Bronchiolitis. Lancet* 400, 392–406 (2022)

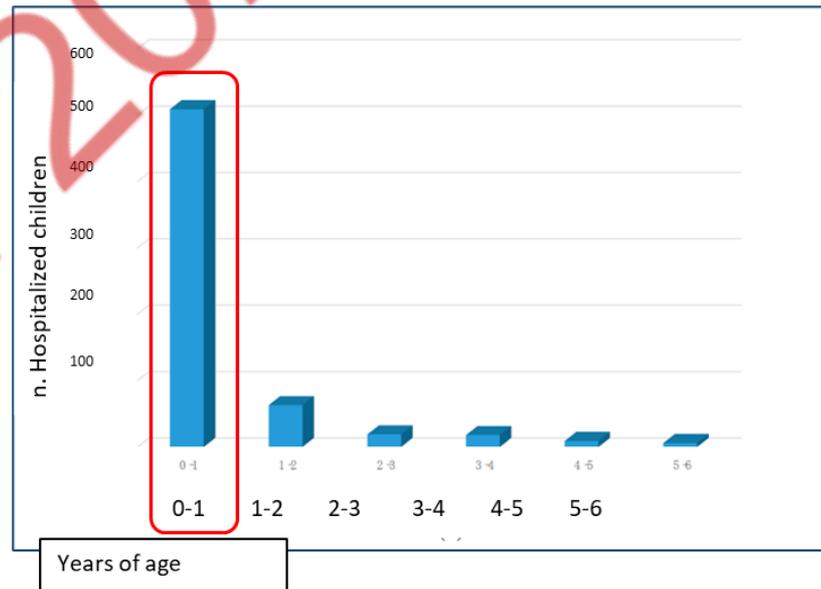
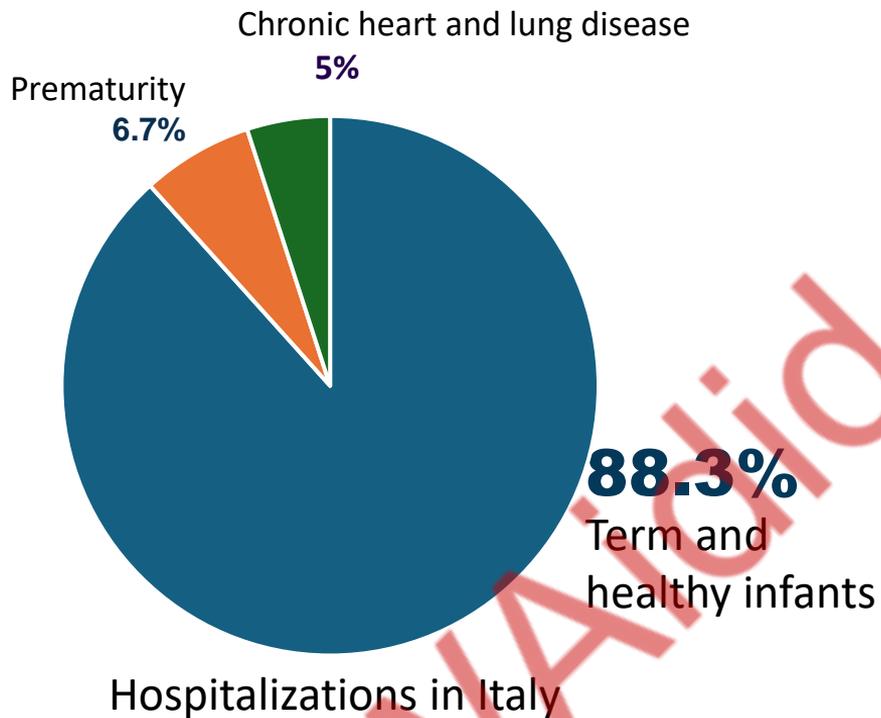
Shi T, et al. *The Lancet*. 2017;390(10098):946–958;

CDC. RSV in Infants and Young Children. <https://www.cdc.gov/rsv/high-risk/infants-young-children.html>



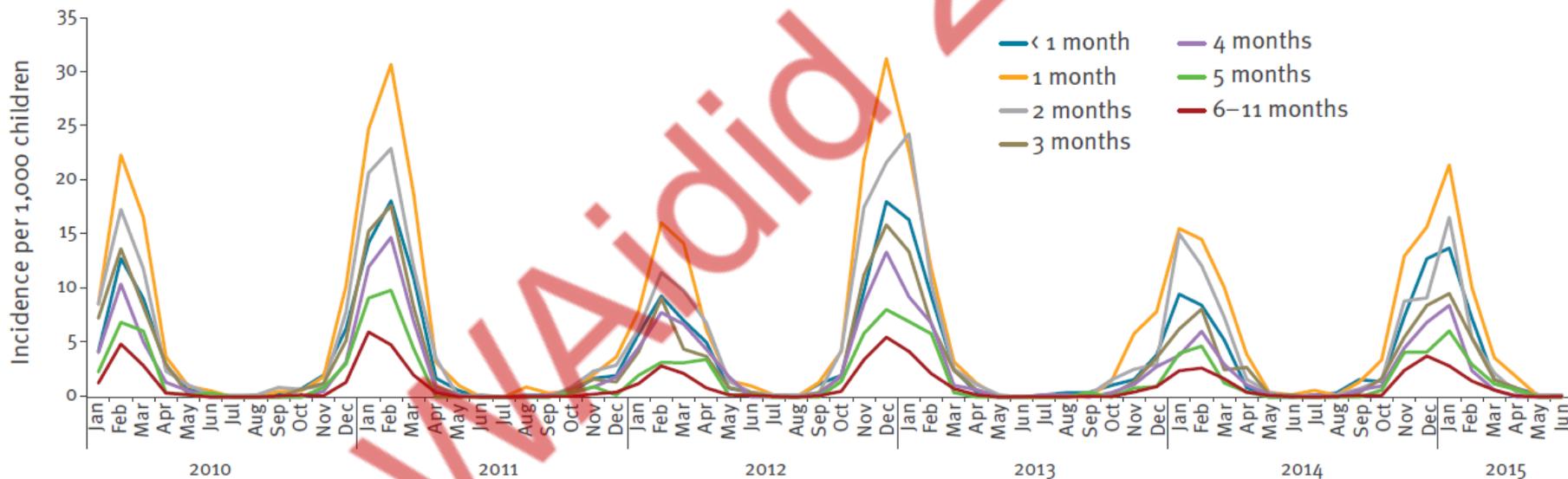
# Risk factors





Season of born

age



# Impact of SARS-CoV-2 Pandemic on Emergency Hospitalizations for Acute Respiratory Infections: The Experience of a Paediatric Tertiary Care Hospital in Italy

Marta Luisa Ciofi degli Atti<sup>1</sup> | Flavia Beccia<sup>1,2</sup> | Carmen D'Amore<sup>1</sup> | Lucilla Ravà<sup>1</sup> | Paola Bernaschi<sup>3</sup> | Cristina Russo<sup>3</sup> | Alberto Villani<sup>4</sup> | Carlo Federico Perno<sup>3</sup> | Massimiliano Raponi<sup>5</sup>

92.140 tot

ED visits



10.541 tot

Admissions

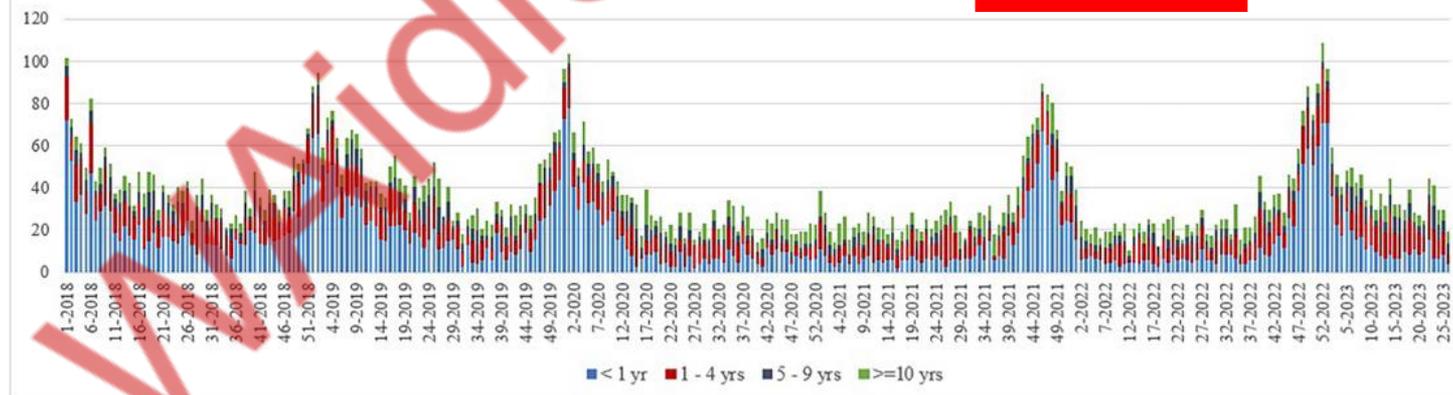
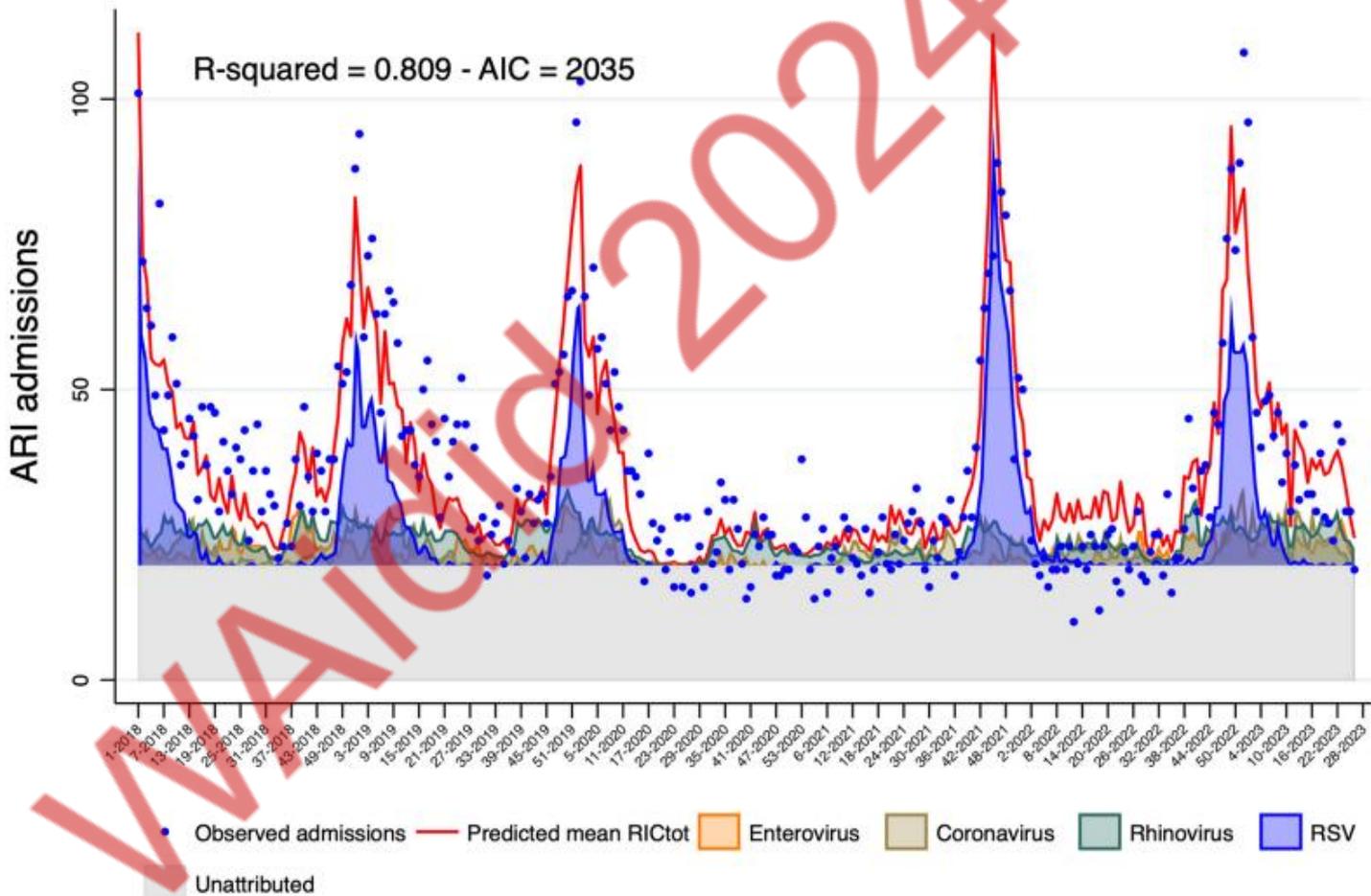


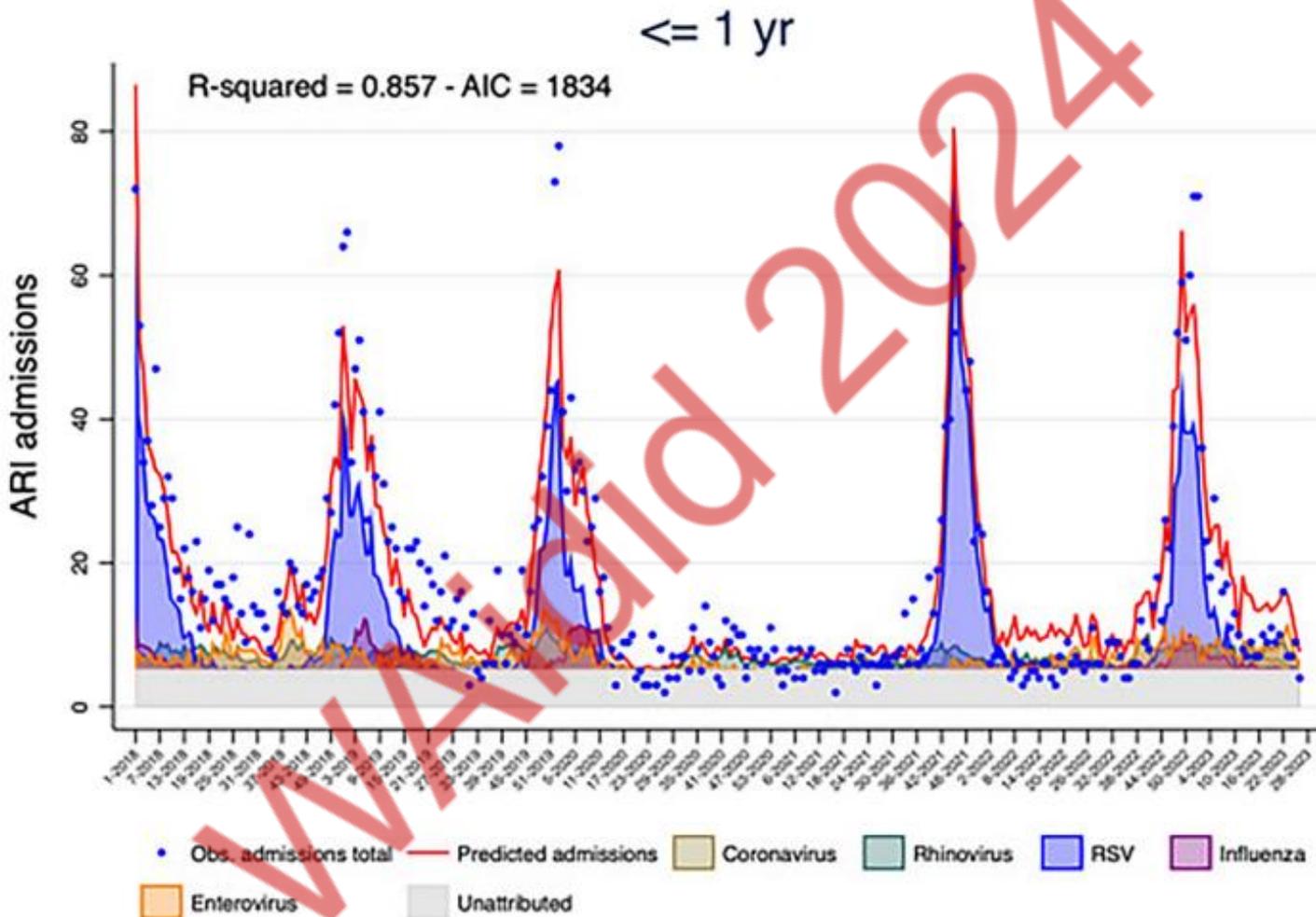
FIGURE 1 | Number of ED visits and hospital admissions for ARI, by week and age group, registered at OPBG, January 2018–June 2023.

RSV

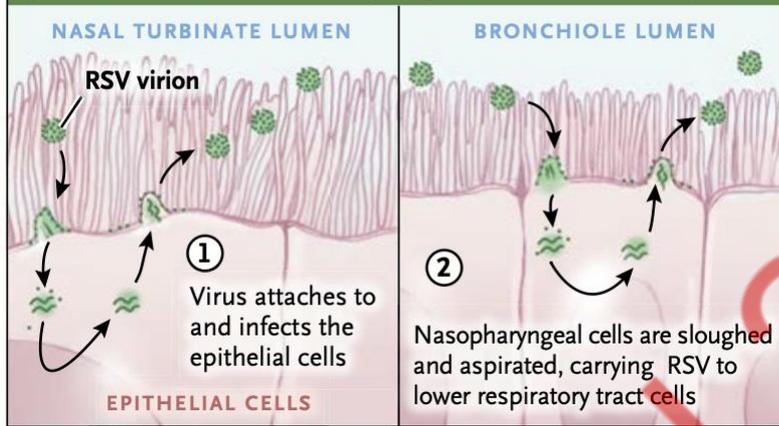
# Total ARI admissions



RSV

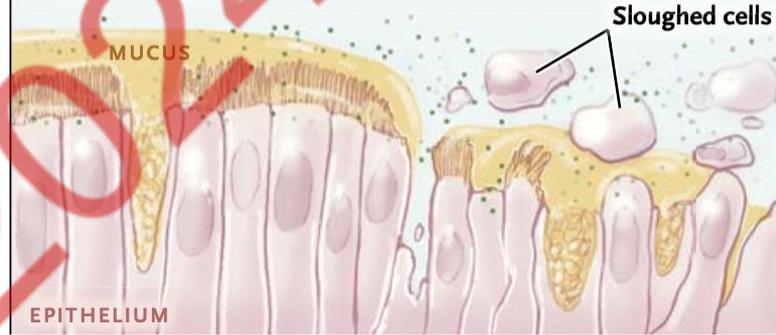


### Spread of infection from nasopharynx to lower respiratory tract

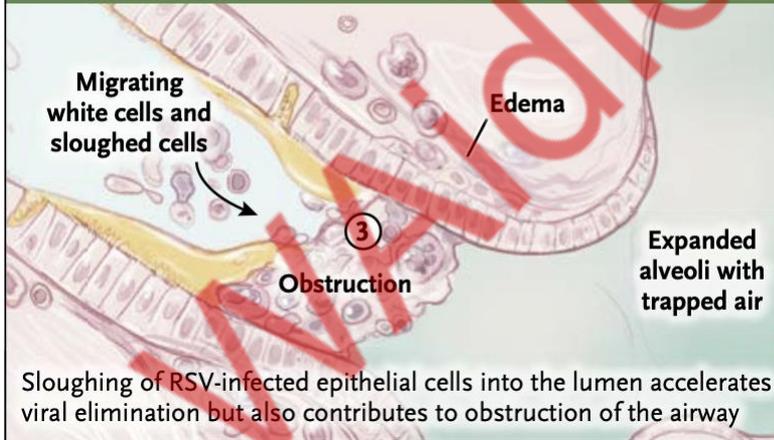


### Abnormal sloughing of epithelial cells

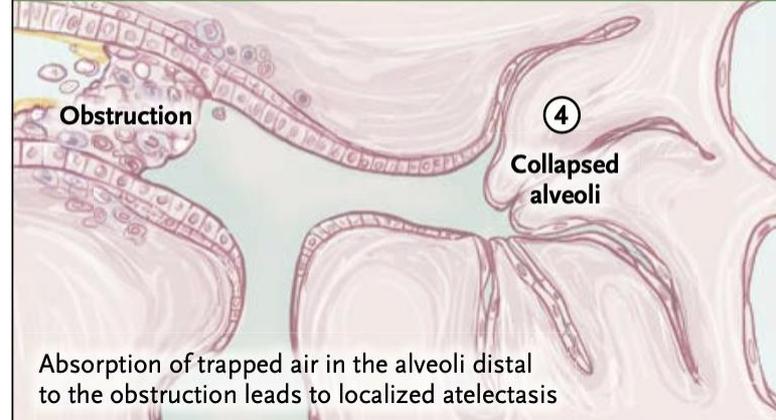
Virus replication results in epithelial-cell sloughing, inflammatory cell infiltration, edema, increased mucous secretion, and impaired ciliary action



### Intraluminal obstruction and air trapping

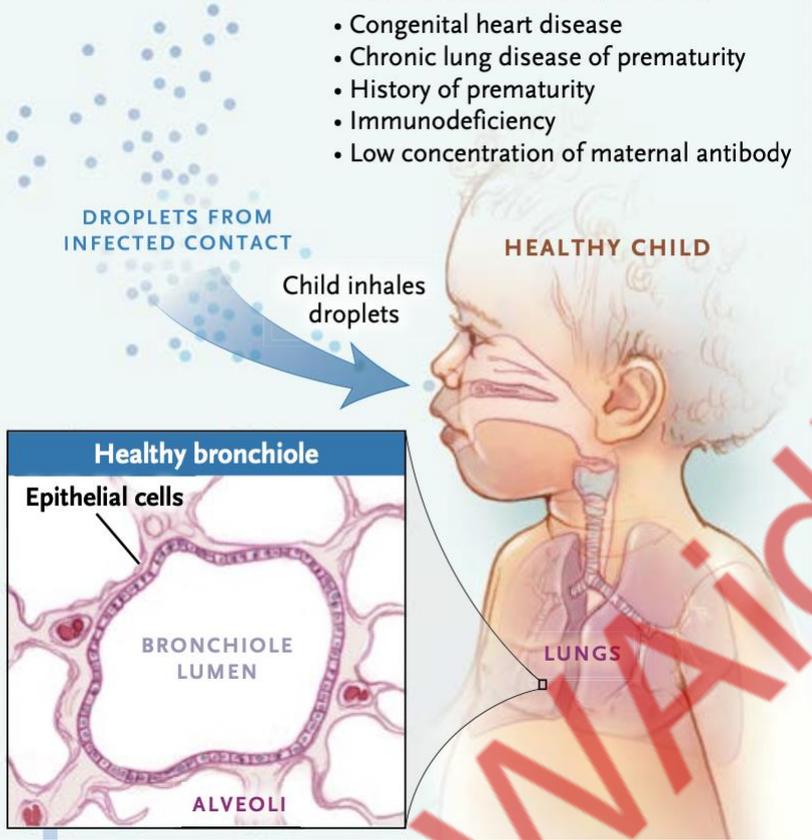


### Air trapping leading to localized atelectasis

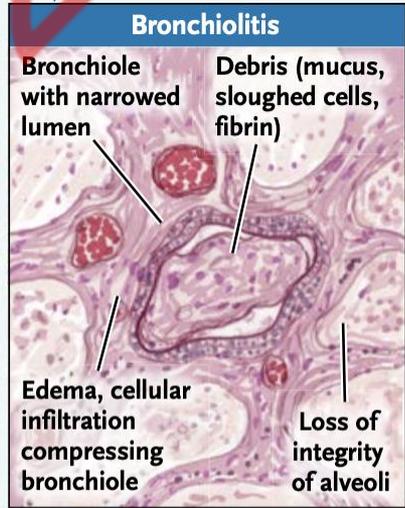


# A Clinical Progression of Respiratory Syncytial Virus (RSV)

- Risk factors for severe RSV disease**
- Congenital heart disease
  - Chronic lung disease of prematurity
  - History of prematurity
  - Immunodeficiency
  - Low concentration of maternal antibody

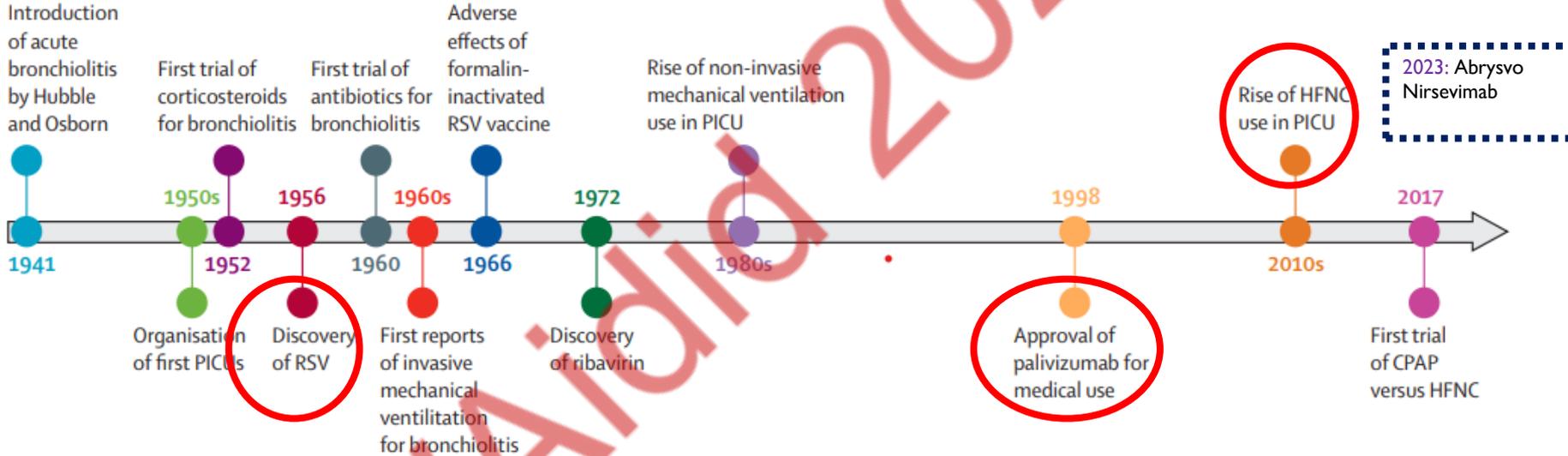


- 1 After 4–6-day incubation period, fever, congestion, rhinorrhea, irritability, and poor feeding develop.
- 2 2–3 days after onset of upper respiratory tract symptoms, approximately one third of patients have spread of infection to lower respiratory tract (bronchiolitis).
- 3 Cough, tachypnea, wheezing, grunting, nasal flaring, and thoracic retractions may be present. Hyperinflation of the lung develops as air is trapped behind occluded bronchioles.
- 4 Air trapped in the alveoli is absorbed, resulting in localized atelectasis.
- 5 Increased ... occur owing to ... resulting in ...



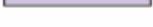
Worsening (ICU) → Improvement (hospital discharge)

# Timeline



Bem RA, Bont LJ, van Woensel JBM. Life-threatening bronchiolitis in children: eight decades of critical care. *Lancet Respir Med.* 2020 Feb;8(2):142-144. doi: 10.1016/S2213-2600(19)30445-X. Epub 2019 Nov 18. PMID: 32035065.

Level of evidence according to GRADE criteria  
 High Moderate Low Very low

Intervention	Quality of evidence	Recommendation
Inhaled corticosteroid 		Not recommended
Systemic corticosteroids 		Not recommended
Leukotriene antagonist 		Not recommended
Monoclonal antibodies and immunoglobulins 		Not recommended
Antibiotics 		Not recommended

Ribavirin 		Not recommended
Conventional chest physiotherapy 		Not recommended
Chest physiotherapy based on slow expiratory techniques 		Not recommended
Steam inhalation 		Not recommended
Bronchodilators 		Not recommended
Nebulised hypertonic saline 		Not recommended



# Oxygen-therapy

## Hydration/nutrition



SOT

HFNC

CPAP  
/NIV

IMV

# HFNC

Effects of the High Flow	Effects of the Heated Gas	Effects of Controlled FiO <sub>2</sub>
Physiological dead space washout of waste gases including carbon dioxide (CO <sub>2</sub> )	Reduction in respiratory workload	No oxygen leak
Positive end-expiratory pressure	Reduction of bronchoconstriction	FiO <sub>2</sub> up to 1.00 provided to the patient
Reduced airway resistance	Increased ciliary clearance	Better monitoring of oxygen saturation
Decreased respiratory rate	Better hydration of the mucosa	
Increased tidal volume	Better comfort	
Increased end-expiratory volume		

- Lack of standardized protocols
- Need for trained staff
- More expensive

# HFNC

REGULAR ARTICLE

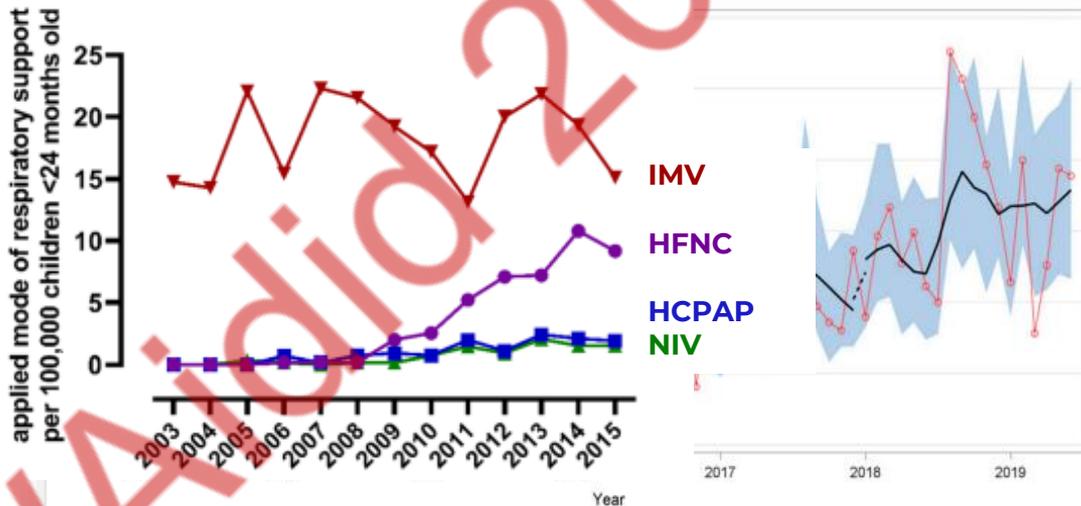
## Using a high-flow nasal cannula oxygen delivery in moderate to severe bronchiolitis

### High-flow nasal cannula oxygen in a pediatric ward: a pilot study

Silvia B  
Andrea  
Eugenio

A. Schibler  
T. M. T. Pham  
K. R. Dunster  
K. Foster  
A. Barlow  
K. Gibbons  
J. L. Hough

R  
a  
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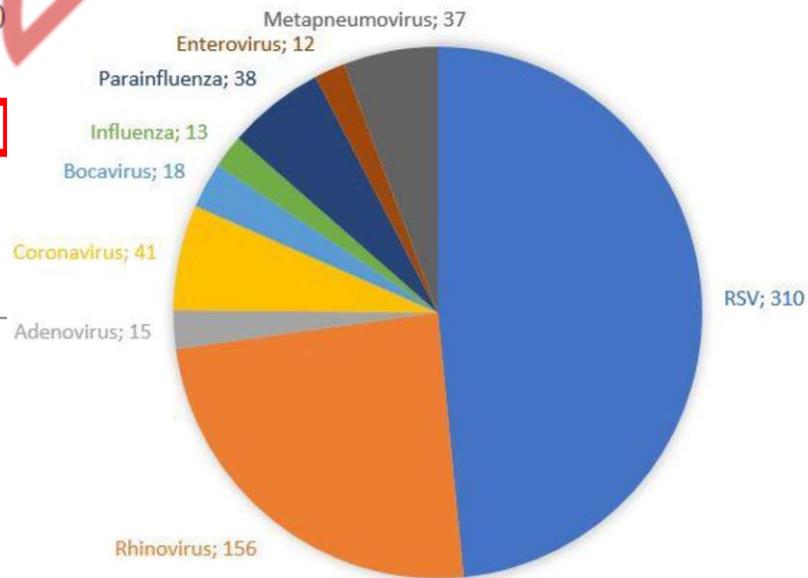


ODafydd C. Efficacy and safety of high flow nasal oxygen for children with bronchiolitis: systematic review and meta-analysis. *BMJ Open Respir Res.* 2021 Jul;8(1):e000844.

Linssen RS. Burden of respiratory syncytial virus bronchiolitis on the Dutch pediatric intensive care units. *Eur J Pediatr.* 2021 1-3149.

# COSTS

	RSV <i>n</i> = 310	Other <i>n</i> = 217	<i>p</i> -value
Age (days)	77.98 (± 58.02)	78.80 (± 64.16)	ns
Males (%)	45.8	54.83	ns
LOS (days)	4.98 (± 2.18)	4.22 (± 2.16)	< 0.00
Total cost (€)	1,783,562.76	1,170,746.54	
Mean cost (€)	5,753.43 (± 2,041.62)	5,395.15 (± 2,040.87)	0.04
Imaging (€)	18.95 (± 28.62)	16.00 (± 26.41)	ns
Laboratory (€)	3,486.38 (± 1,126.19)	3,454.70 (± 1,204.50)	ns
PICU (%)	4.19	2.30	ns



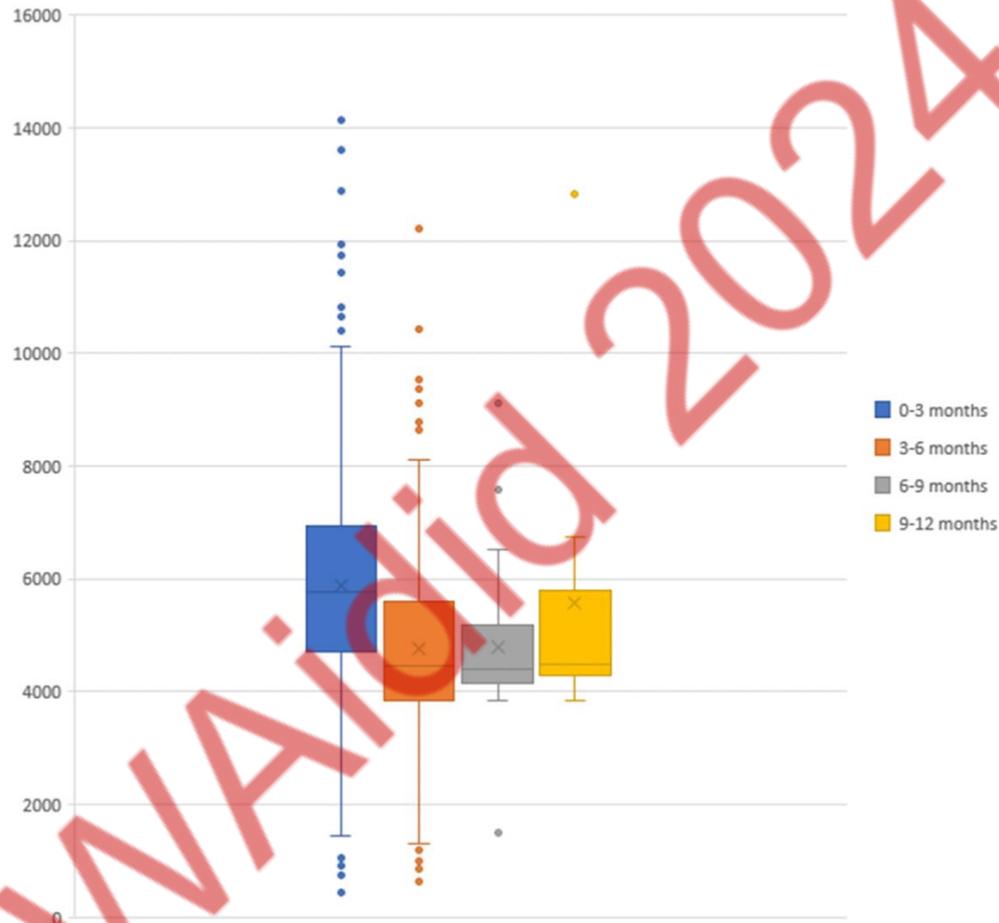
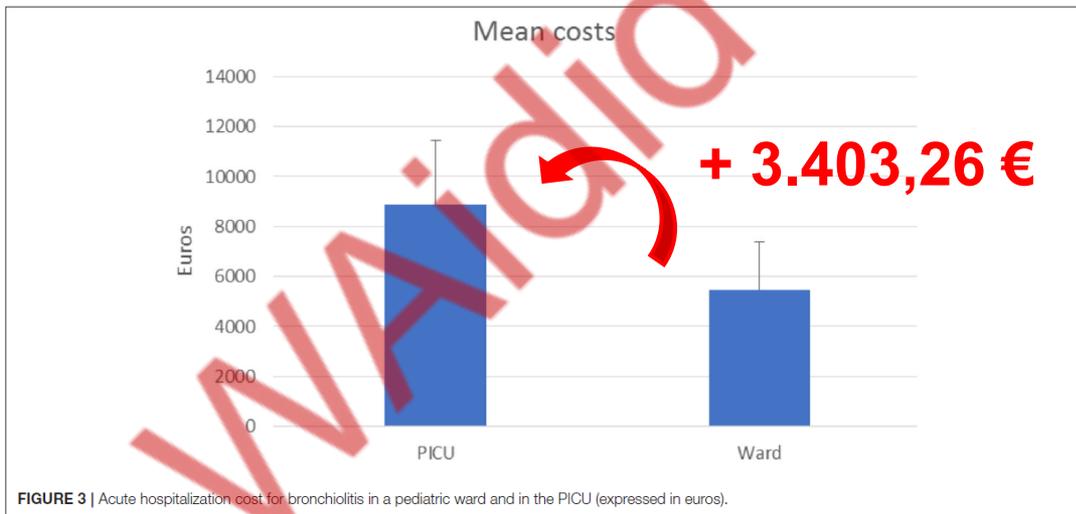


FIGURE 2 | Acute hospitalization cost of bronchiolitis divided by age groups (expressed in euros).

**TABLE 3** | Demographic characteristics and AHC in of patients admitted to PICU and pediatric ward.

	PICU <i>n</i> = 18	Pediatric ward <i>n</i> = 513	<i>p</i> -value
Age (days)	51.17 (± 68.65)	79.72 (± 60.17)	0.049
Males (%)	66.67	48.73	Ns
LOS (days)	6.28 (± 1.60)	4.59 (± 2.20)	0.001
Total cost (€)	159,479.89 (± 2,056.53)	2,799,306.04 (± 2,037.79)	
Mean cost (€)	8,859.99 (± 2,577.61)	5,456.73 (± 1,919.52)	< 0.0001

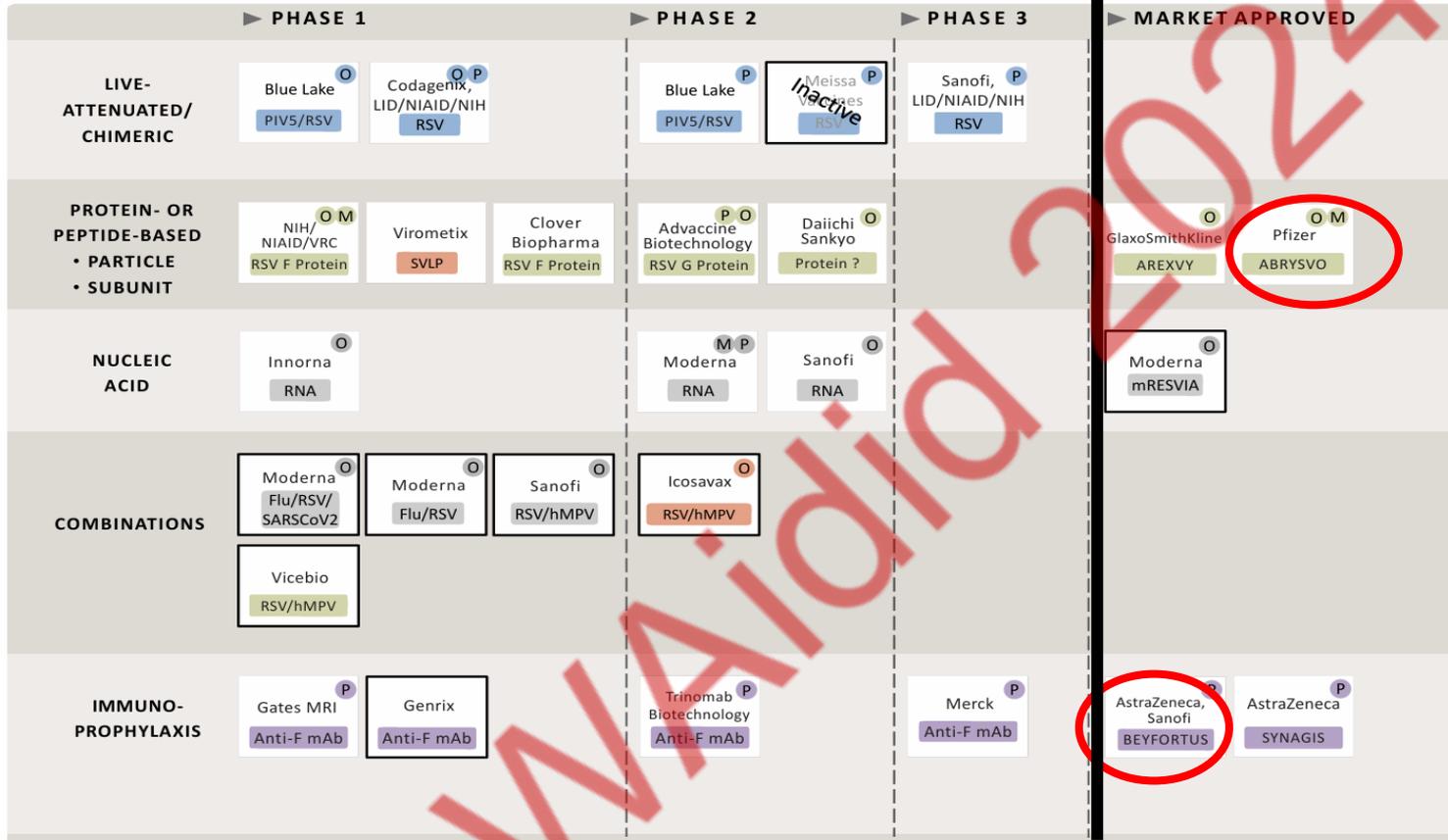


**FIGURE 3** | Acute hospitalization cost for bronchiolitis in a pediatric ward and in the PICU (expressed in euros).



# RSV Vaccine and mAb Snapshot

TARGET INDICATION: P = PEDIATRIC M = MATERNAL O = OLDER ADULT  
 PLATFORM KEY: ● = LIVE/CHIMERIC ● = PARTICLE ● = SUBUNIT  
 ● = NUCLEIC ACID ● = mAb



UPDATED: September 18, 2024

Indicates Change

<https://www.path.org/resources/rsv-vaccine-and-mab-snapshot/>



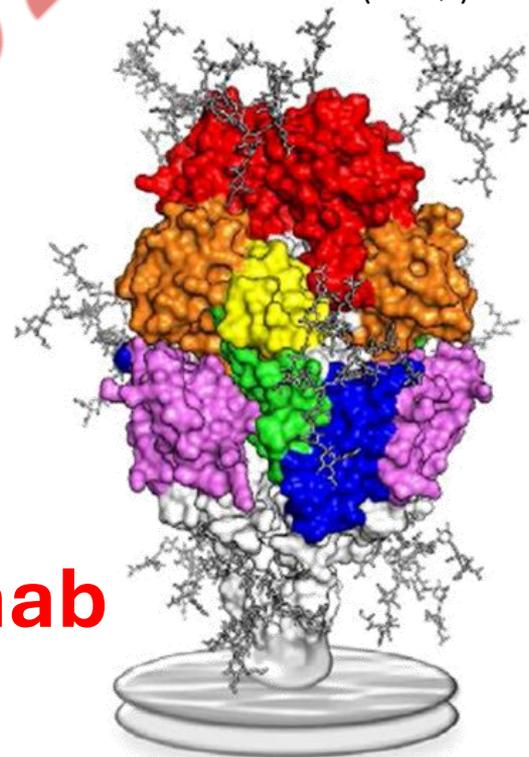
**Recommended Dosage of Beyfortus in Neonates and Infants Born During or Entering Their First RSV Season<sup>5</sup>**

Body Weight at Time of Dosing	Recommended Dosage
Less than 5 kg	50 mg by IM injection
5 kg and greater	100 mg by IM injection



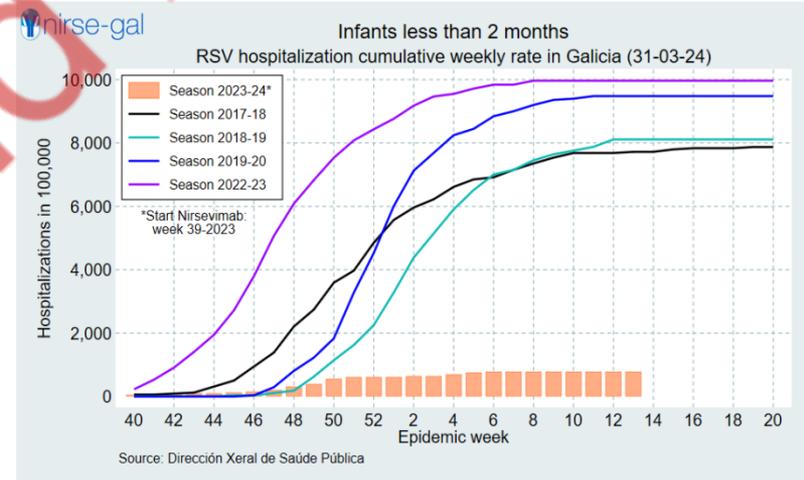
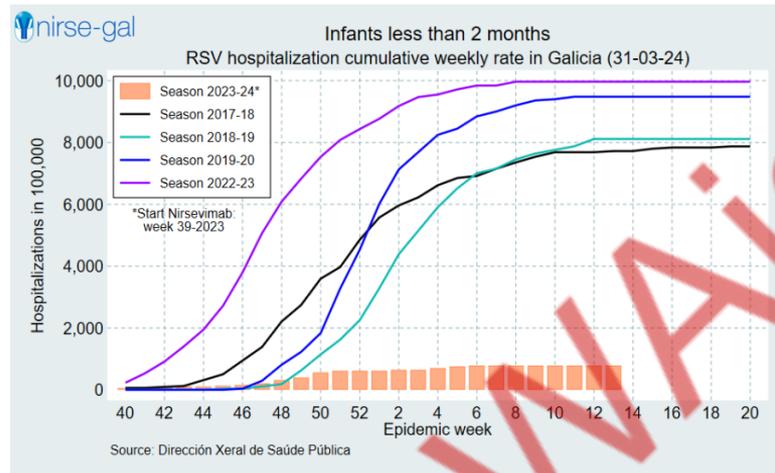
(2°C – 8°C).

**Nirsevimab**  
(site Ø)



**Nirsevimab**

# PRESENT



# Effectiveness and impact of universal prophylaxis with nirsevimab in infants against hospitalisation for RSV



# FUTURE PROSPECTIVES

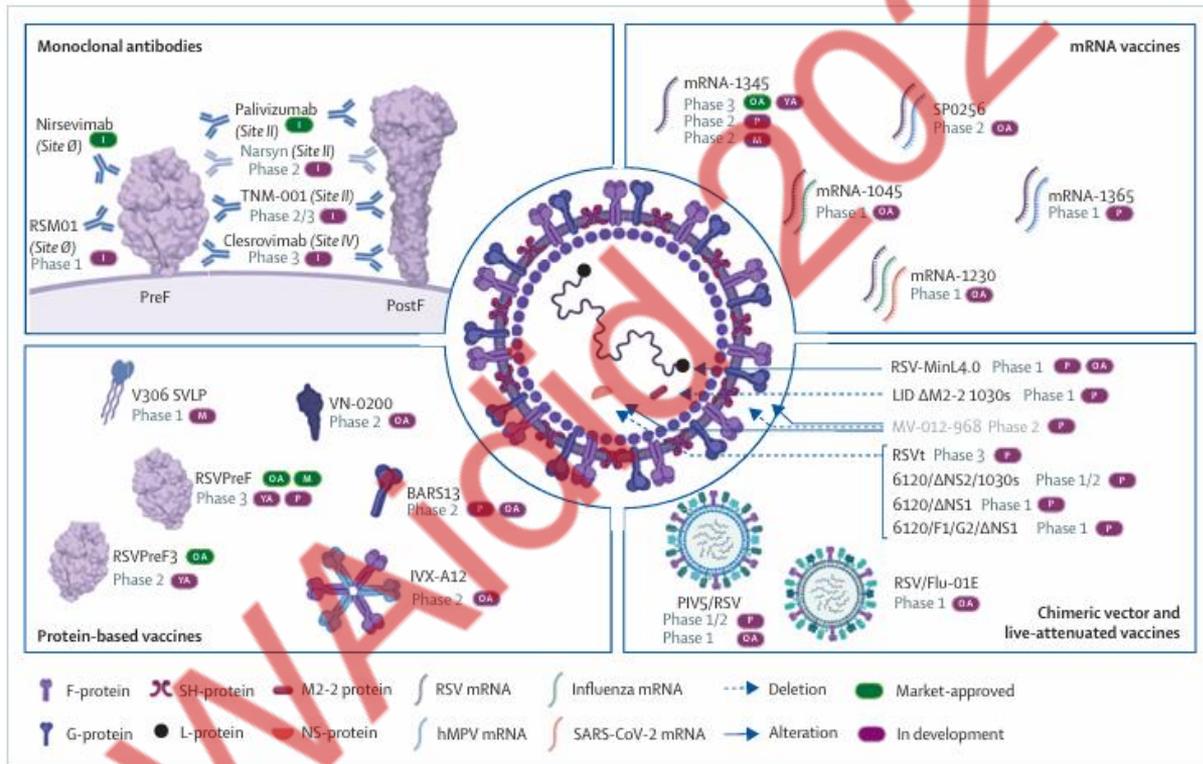


Figure 1: Overview of RSV vaccine candidates by preventive approach

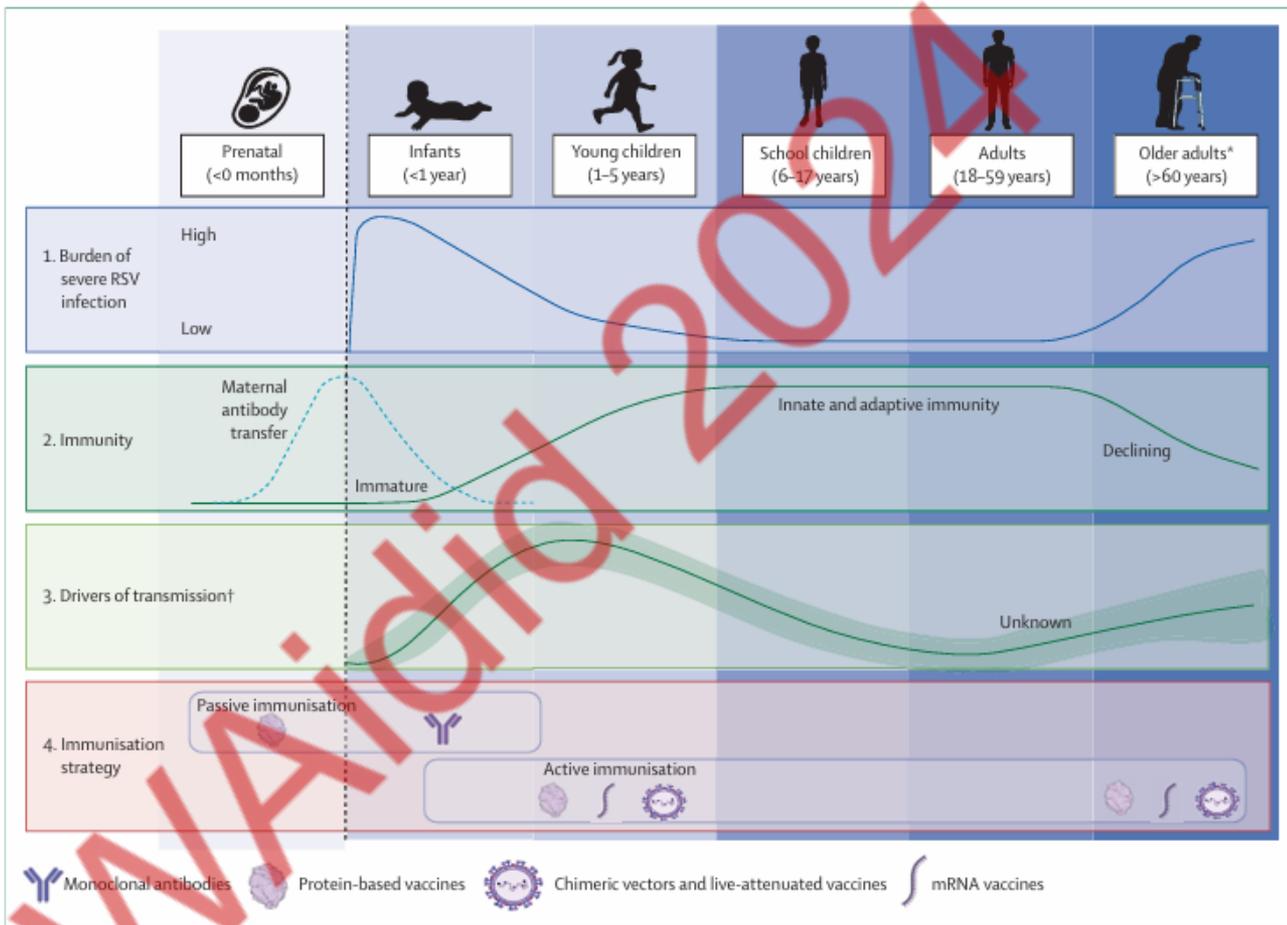


Figure 3: Conceptual overview of RSV prevention strategies per target population

# FUTURE

## RSV: A VACCINE PREVENTABLE DISEASE

- Does vaccination for RSV alter the epidemiology of other seasonal respiratory viruses?
- What might be the impact of RSV vaccination on asymptomatic or mild RSV infection and how can this be monitored?
- The current vaccine for elderly patients is a single shot with protection for 2 years. Will a booster shot be necessary after 2 years and what might that do for the ongoing or longer periods of protection?
- Would RSV vaccination have long term benefits to children related to chronic respiratory disease or immunological development ?
- Does vaccination impact lung health of children beyond infancy and does immunization in early life impact mortality in later life
- ... ..*to be continued*



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# Thanks