

COVID-19: insights gained from the global pandemic

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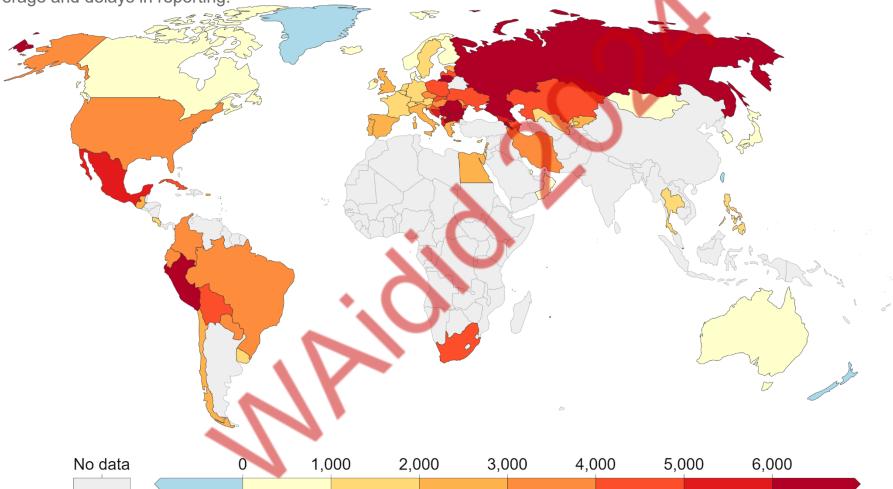
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- The speaker has no conflict of interest to declare

Excess mortality: Cumulative number of deaths from all causes compared to projection based on previous years, per million people, May 31, 2022



The cumulative difference between the reported number of deaths since 1 January 2020 and the projected number of deaths for the same period based on previous years. The reported number might not count all deaths that occurred due to incomplete coverage and delays in reporting.



Source: Human Mortality Database (2022), World Mortality Dataset (2022) OurWorldInData.org/coronavirus • CC BY Note: Comparisons across countries are affected by differences in the completeness of death reporting. Details can be found at our Excess Mortality page.

Hindsight is the best insight to foresight



Learn from your past mistakes to avoid making new ones.

THE LANCET Infectious Diseases

EDITORIAL · Volume 24, Issue 8, P793, August 2024

Have we learned anything?

The Lancet Infectious Diseases National Library of Medicine National Center for Biotechnology Information Log in Pub Med[®] \times COVID-19 lessons learned as of 2024 November 27 Search Advanced Create alert Create RSS User Guide ↓Ē Display options 🏠 Save Email Send to Sort by: Most recent My custom filters of 512 > >> 5,120 results Page 1 **RESULTS BY YEAR** ⊿ ⊻ ⊿ ⊻ \checkmark 2019 2021: 1,559 2025 2019 2024: 670 2019 2025

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Have we learned anything?

The Lancet Infectious Diseases

- Have we learned from the COVID-19 pandemic?
- 4840 results searching for "COVID-19 lessons learned" on PubMed





Management in times of crises: reflections on characteristics, avoiding pitfalls, and pathways out

Ricarda B. Bouncken, Sascha Kraus & Antonio de Lucas Ancillo

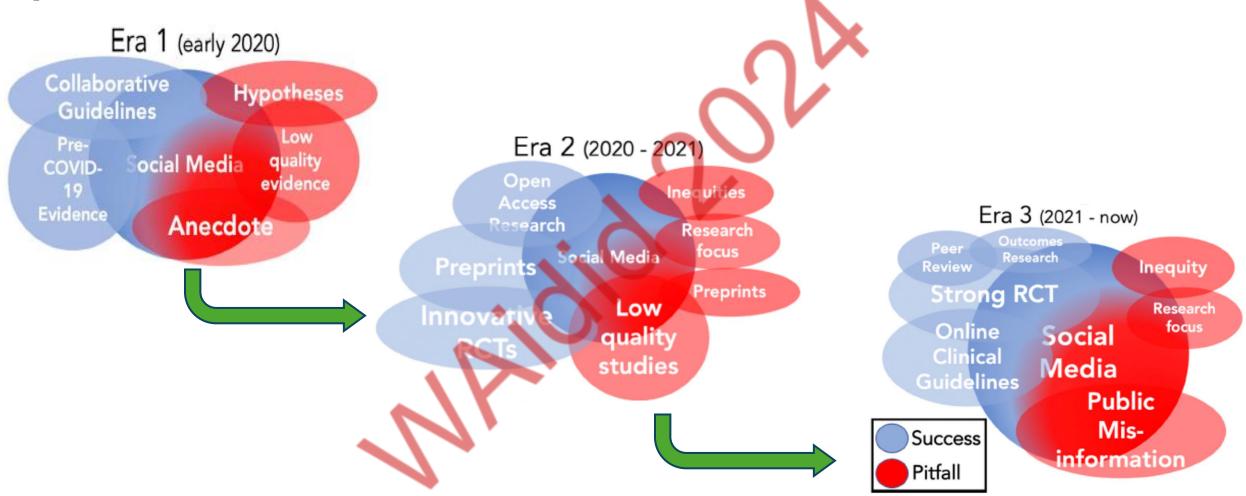
volume 16, pages2035-2046 (2022)

Past/Current crises and their comparison

- Past/Current crises and their comparison
- Today, economies and firms face three major global crises.
- The most sudden and unanticipated (?) is the COVID-19 pandemic crisis.
- The second and also sudden crisis is the ongoing war in Ukraine amd Palestine.
- The third crisis of this time climate change

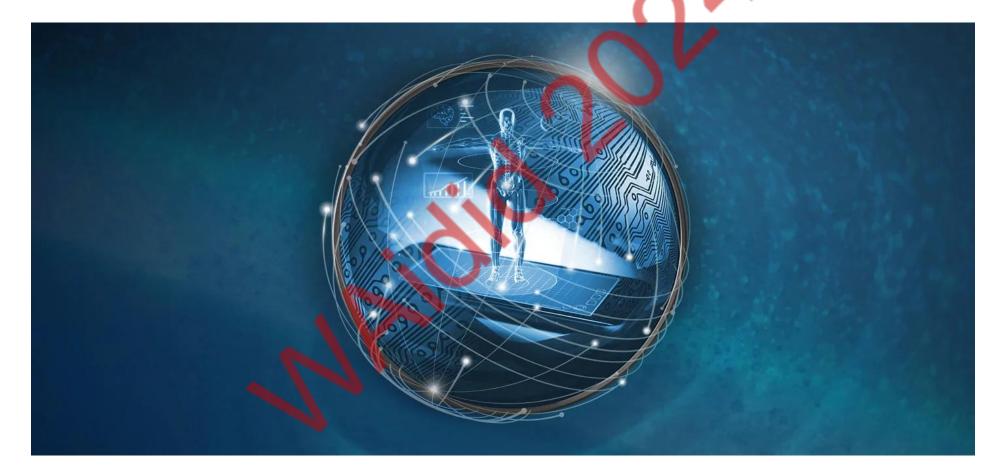
Modified from: Ricarda B. Bouncken et al University of Bayreuth

Treating COVID-19: Evolving approaches to evidence in a pandemic



Lee et al. Treating COVID-19: Evolving approaches to evidence in a pandemic, Cell Reports Medicine (2022), https://doi.org/10.1016/j.xcrm.2022.100533

What COVID19 pandemic touch us - 1 Changing Perspectives

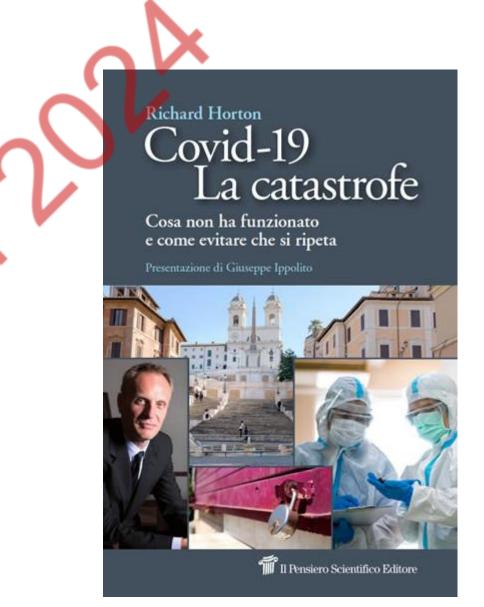


From individual patient care to public health/community care

Offline: COVID-19 is not a pandemic

- Richard Horton
- The lancet
- Vol 396 September 26,







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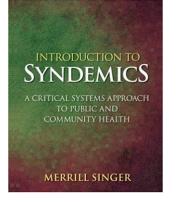
Preparedness to pandemics

 COVID-19 has been described as a "syndemic", i.e. the impact of the infectious agent on predisposing conditions such as non-communicable diseases and social inequalities.



Offline: COVID-19 is not a pandemic

- The notion of a syndemic (from the greek συν and δήμος) was first conceived by Merrill Singer in the 1990s.
- A syndemic is not merely a comorbidity.



Key Elements

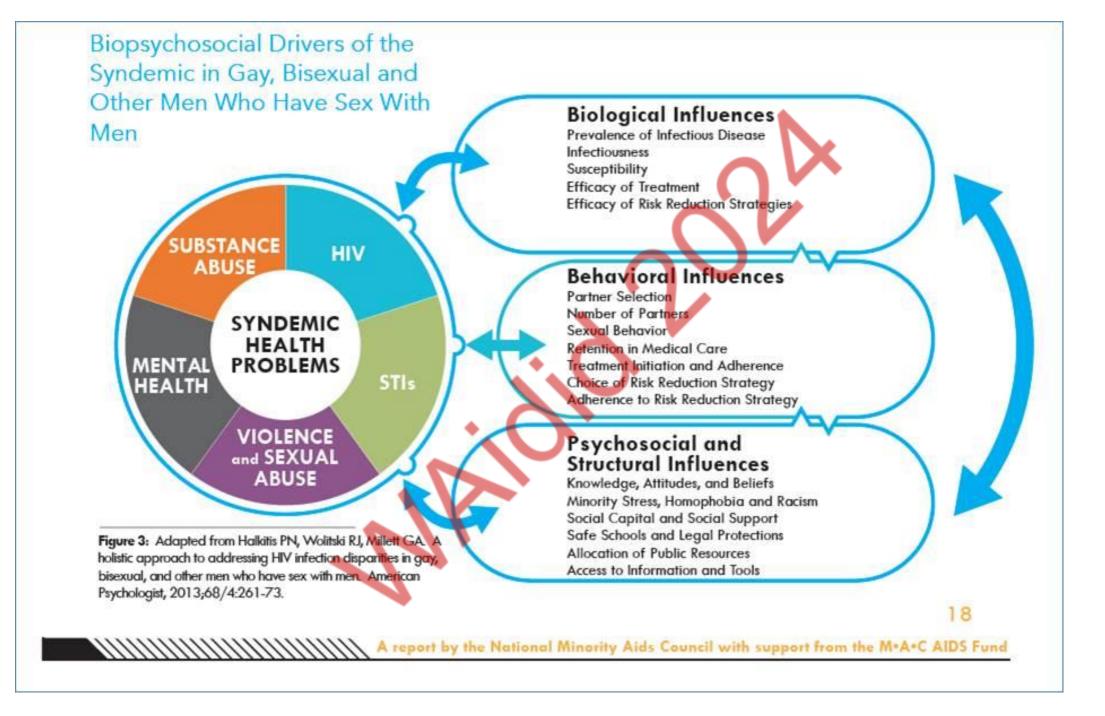
1. Disease Concentration

2 or more diseases concentrate in a particular social context (population, geography, etc.)

2. Disease Interaction

- Interactions between epidemics at individual and population level amplify disease burden
- 3. Large scale social forces
 - Harmful social conditions drive the disease concentration and synergistic interaction

Singer et al, Lancet 2017; 389



Key problems

- Lack of richt definition and understanding of crises
- Overconfidence
- Gaps of knowledge and experience
- Lack of independent thinking
- Complexity and its underestimation
- A glimpse of how crises affect entrepreneurship and innovation



Modified from: Ricarda B. Bouncken et al University of Bayreuth

Innovation: McKinsey Technology Trends Outlook 2022

Most industry sectors display a meaningful association with five or more technology trends. Relevance of trend to industry¹ Minimal relevance Silicon Age **Engineering Tomorrow** Next-Trust Cloud and architectures Future of Immersivegeneration edge Industria-Quantum and digita Future of bio-Future of Future of Advanced reality software space Web3 mobility Applied Al technologies lizing ML technologies identity engineering clean energy technologies connectivity computing development Aerospace and defense Agriculture Automotive and assembly Aviation, travel, and logistics Chemicals Construction and building materials Consumer packaged goods Education Electric power, natural gas, and utilities Financial services Healthcare systems and services Information technology and electronics Media and entertainment Metals and mining Oil and gas

¹Relevance estimated qualitatively by industry experts based on trend's potential to affect an industry; degree of relevance is scaled at both trend and industry levels.

Pharmaceuticals and medical products

Public and social sectors

Telecommunications

Real estate

High relevance

Future of

sustainable

consumption

Securing a positive health care technology legacy from COVID-19

- The increased use of health care technology during the pandemic
- Mapping the increased use of technology
- Challenges created by the rapid implementation of technology during the pandemic
- Patient and staff experiences of using technology
- Lessons for deploying health care technology after the pandemic

What industries are most affected by the trend?

Healthcare, including pharmaceuticals and fitness, is the leading industry in adoption of bioengineering, especially in development of new medical treatments

Other industries scaling adoption are retail, consumer goods, agriculture, energy and utilities, and materials

Industries affected¹

medical products

Impact from technology trend



Advancements across healthcare, pharmaceuticals, wellness and fitness, and biological sciences for improved Healthcare systems; understanding of health conditions and diseases (eg. diagnosis, monitoring), treatment, patient outcomes, and scientific pharmaceuticals and discovery

> Ethical and long-term health concerns around use of novel and innovative technologies on humans (eg, impact of germ line gene editing on future generations)



Health services disruption



Disruptions to essential health services are still geographically widespread across the globe



94% of responding countries (n= 135) experienced a disruption to some extent



9% of countries reported disruptions in 75-100% of services

25% of countries reported disruptions in 50-74% of services

29% of countries reported disruptions in 25-49% of services

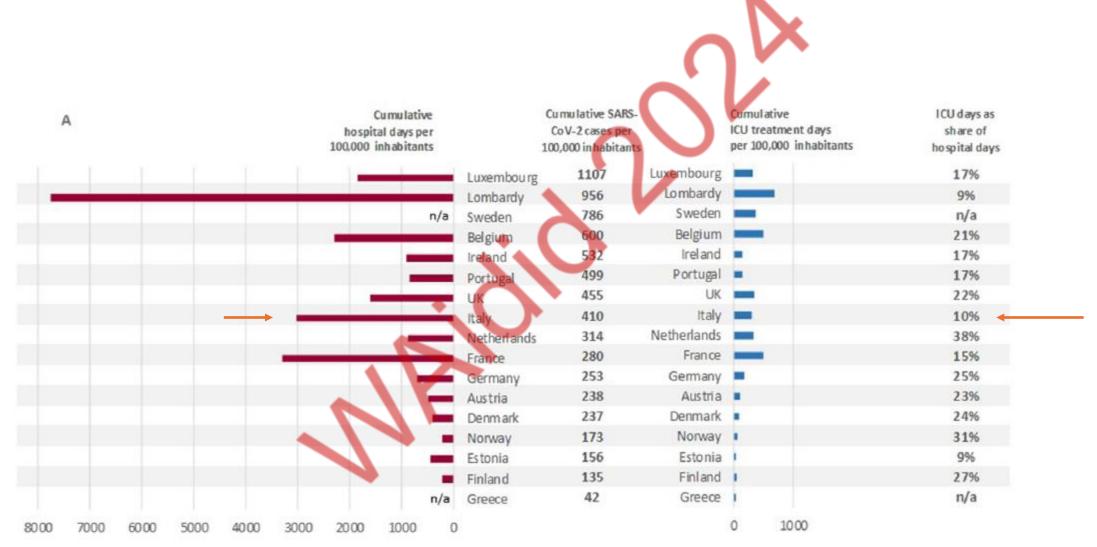
32% of countries reported disruptions in less than 25% of services

Only 6% of countries reported no disruptions

Denominator: represents responses from countries/territories that responded to at least one survey section and consented to data sharing agreement. Percentage of countries reporting disruptions may not add up to exactly 100% due to rounding. Services include: primary care, emergency and critical care, surgical care, rehabilitation, palliative care, long-term care, auxiliary services, and tracer services for reproductive, maternal, newborn, child and adolescent health and nutrition, immunization, communicable diseases, noncommunicable diseases, neglected tropical diseases, and mental, neurological and substance use disorders

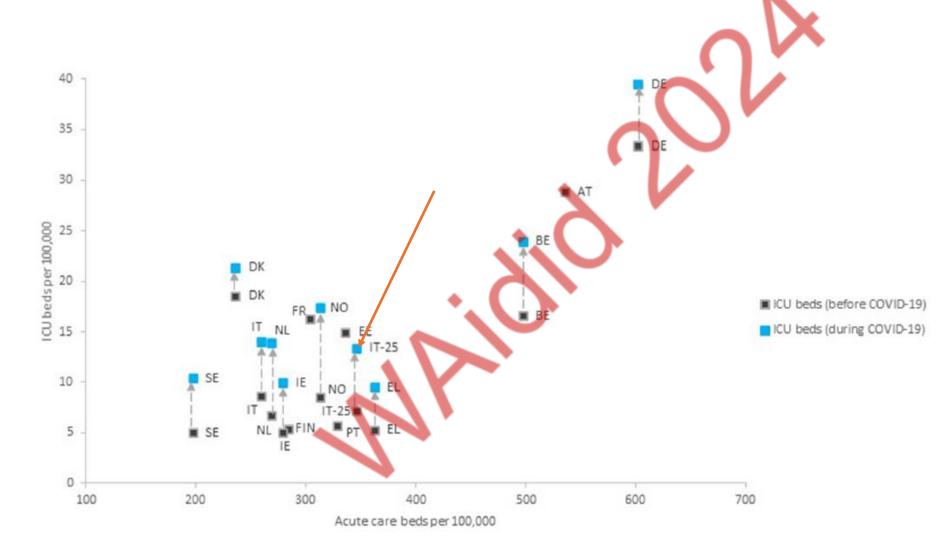
World Health Organisation, Second round of the national pulse survey on continuity of essential health services during the COVID-19 pandemic: Interim report, 22 April 2021. <u>https://bit.ly/2RPp80W</u>

Cumulative hospital days and ICU days of patients with COVID-19 (per 100,000)



Berger E et al. Health policy 126 (2022) 373–381

Hospital and ICU capacities before COVID-19 and the ICU surge capacity created for COVID-19 (per 100,000).



Berger E et al. Health policy 126 (2022) 373–381



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What are the most noteworthy technologies?

Across biomolecules and biosystems, several technologies have recently made significant progress

Nonexhaustive

Торіс	Technology ¹	Description	Benefits	Example
Omics	Viral-vector gene therapy	Permanent replacement of poor-functioning genes to treat genetic diseases, where modified viruses act as drug-delivery vehicles of genetic sequences	Treats previously uncurable diseases Can address diseases before they are symptomatic	Treatment for cystic fibrosis
	mRNA therapy	Temporary use of synthetic mRNA translated into protein to compensate for missing or mutated genes	Offers temporary alternative to gene therapy that aids gene expression without risk	COVID-19 vaccine

THE NOBEL PRIZE IN PHYSIOLOGY OR MEDICINE 2023

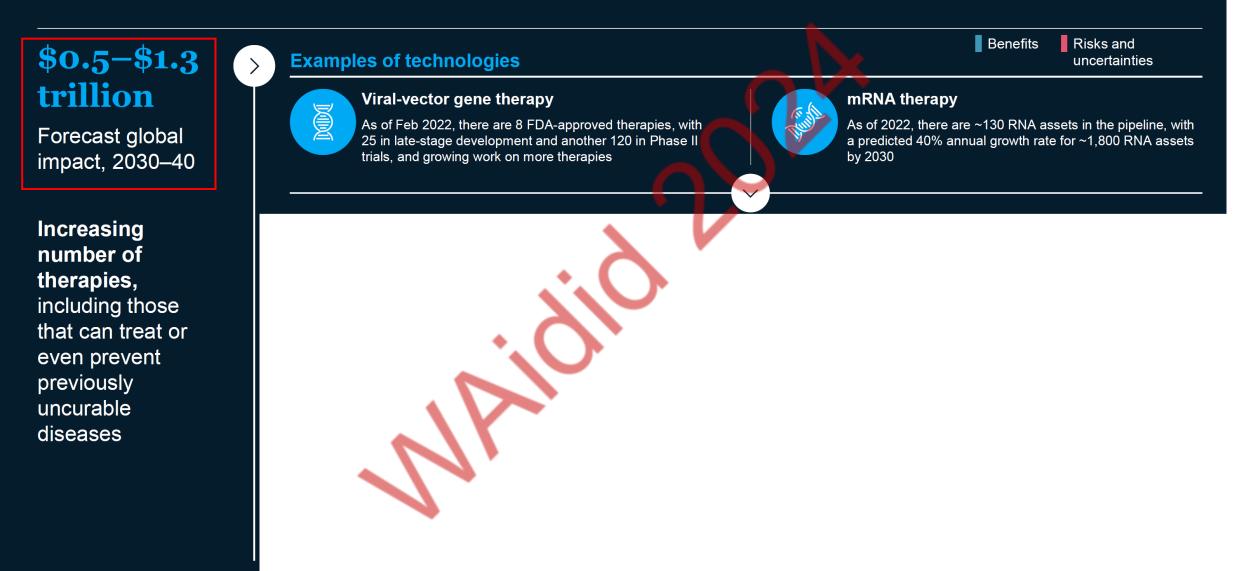


Katalin Karikó Drew Weissman

"for their discoveries concerning nucleoside base modifications that enabled the development of effective mRNA vaccines against COVID-19"

THE NOBEL ASSEMBLY AT KAROLINSKA INSTITUTET

What disruptions could the trend enable in healthcare systems and services and in pharmaceuticals and medical products?



What disruptions could the trend enable in healthcare systems and services and in pharmaceuticals and medical products?

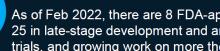
\$0.5-\$1.3 trillion

Forecast global impact, 2030-40

Increasing number of therapies, including those that can treat or even prevent previously uncurable diseases

Examples of technologies

Viral-vector gene therapy



As of Feb 2022, there are 8 FDA-approved therapies, with 25 in late-stage development and another 120 in Phase II trials, and growing work on more therapies

Expected outcomes

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Treatment for monogenic and polygenic diseases

Treatment for ~10,000 diseases caused by a single gene (eg, sickle cell anemia, hemophilia, inherited blindness, immune deficiencies) and diseases caused by a combination of genes (eg, cardiovascular, neurodegenerative, metabolic, reproductive)

Personalized treatments

Bespoke treatments using genetic data to identify risk of certain diseases (eg, COVID-19, HIV) and to provide targeted treatment



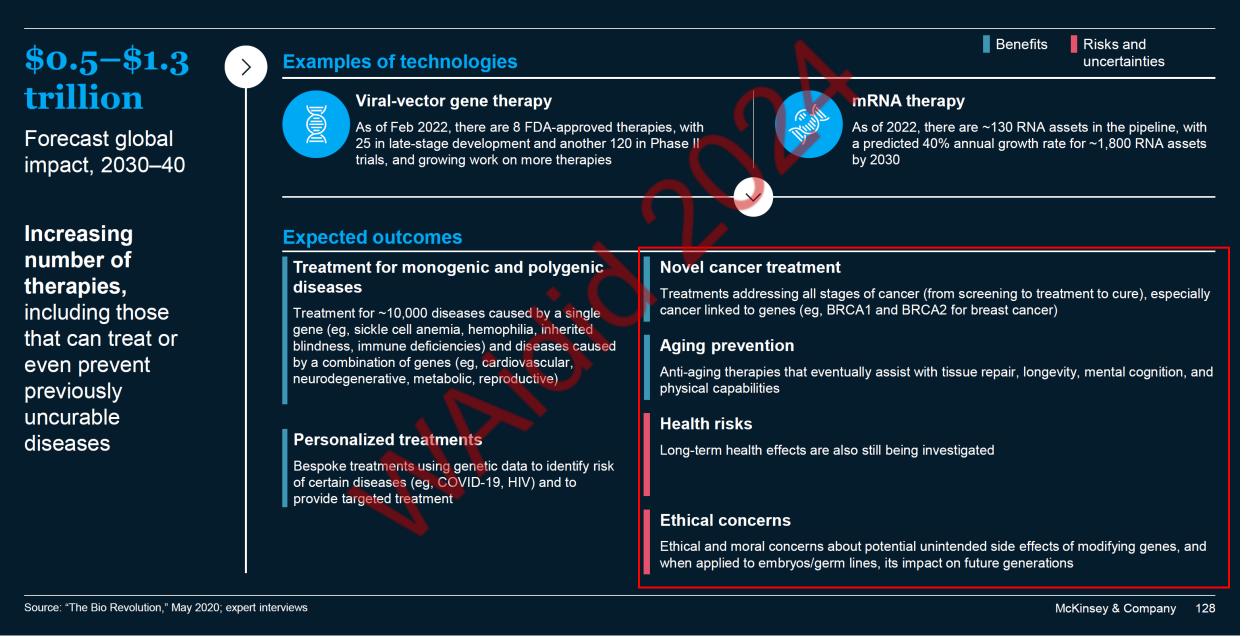
Benefits

Risks and uncertainties

mRNA therapy

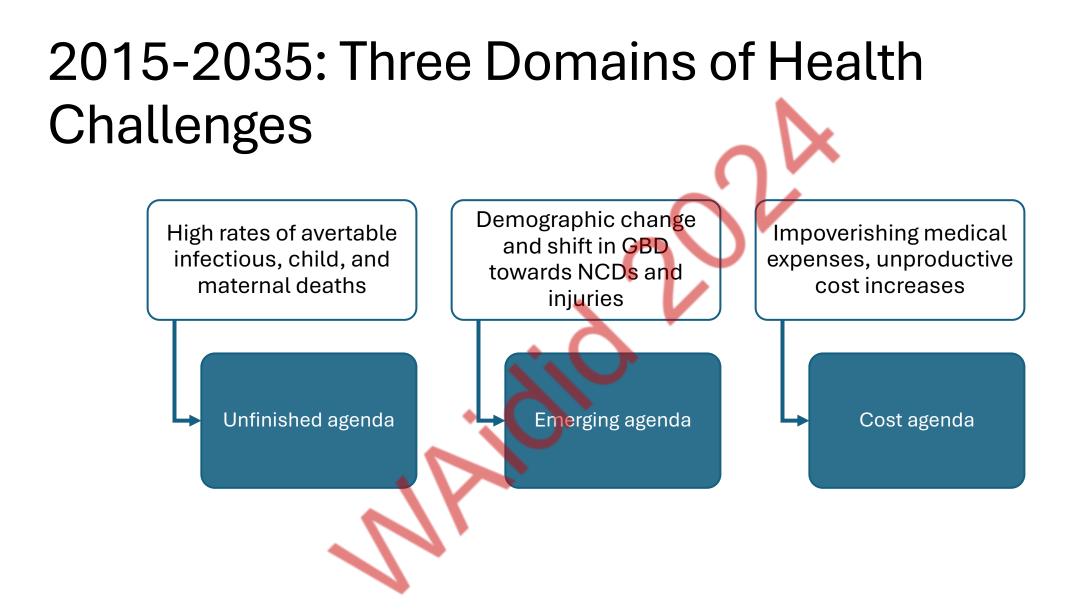
As of 2022, there are ~130 RNA assets in the pipeline, with a predicted 40% annual growth rate for ~1,800 RNA assets by 2030

What disruptions could the trend enable in healthcare systems and services and in pharmaceuticals and medical products?



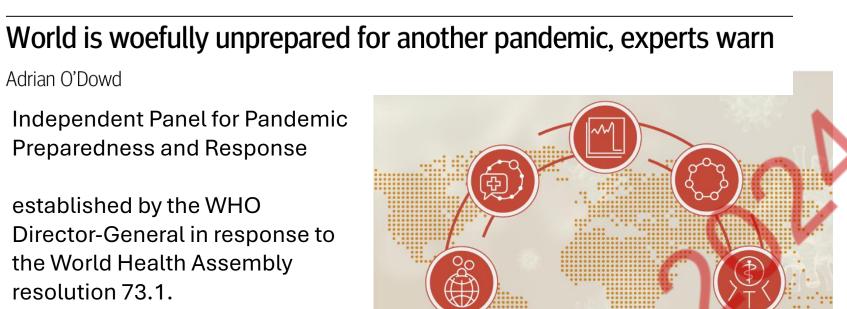
Offline: COVID-19 is not a pandemic

- The economic crisis that is advancing towards us will not be solved by a drug or a vaccine.
- Nothing less than national revival is needed.
- Approaching COVID-19 as a syndemic will invite a larger vision, one encompassing education, employment, housing, food, and environment.
- Viewing COVID-19 only as a pandemic excludes such a broader but necessary prospectus.



What needs to happen

- When the pandemic is over, the temptation will be to move on and reclaim what had been normal life.
- At a time of growing international distrust we need to work to increase trust and mutual cooperation. We need to better understand how to rapidly incorporate evidence into scientific policy and to better understand human response to such major, complicated events.
- If we can do that, to save lives and ease suffering in the future, it will not make up for all the loss and hardship we have endured in the last two years. But we can at least say we did our best to learn from it, and let that be the one positive legacy of all this.



BMJ 2024;385:q1355 19 June 2024

No Time to Gamble

Leaders Must Unite to Prevent Pandemics

The Right Honourable Helen Clark Her Excellency Ellen Johnson Sirleaf

Are countries prepared?



(i) every 4–5 years; (ii) within 3 months of a public health event; (iii) regularly Source: WHO

THE LANCET Infectious Diseases

Have we learned anything?

The Lancet Infectious Diseases

- Have we learned from the COVID-19 pandemic?
- Judging from the H5N1 and mpox outbreaks, not really. Or maybe not the right people.
- The cynical view is that instead of producing all those biomedical "lessons learned" articles, we should have been focusing more on political lessons from the devastating economic impact of the pandemic and the influence of a country's pandemic performance on subsequent voter behaviour.
- The time to react is now, before we have the next pandemic.